



WELCOME



Radical Hospitality • Spirituality  
Social Justice • Risk Taking

The Hillhurst Affirming Statement

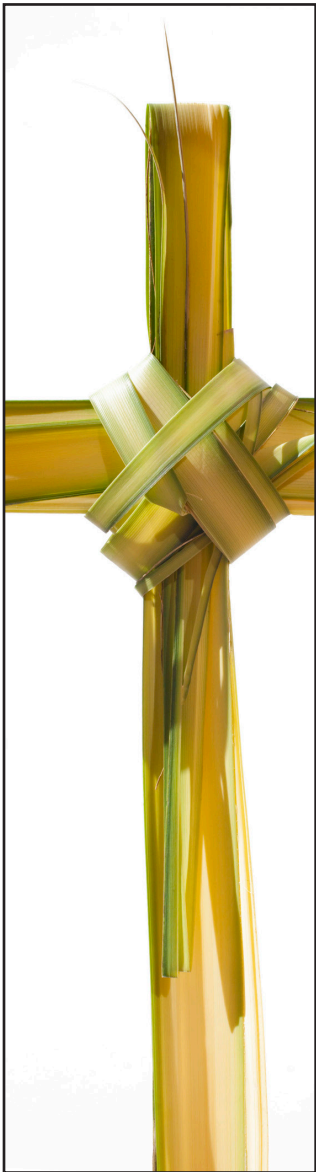
Hillhurst United Church is an inclusive community of faith that follows in the Way of Jesus under the banner “whoever you are, wherever you’re at, join us on the journey.”

We accept each other as we are and welcome the ministry and participation of all persons regardless of age, gender identity, gender expression, health, race, sexual orientation, differing abilities, religious or ethnic background or economic circumstance.

We hope that in all that we do, including our worship and community life, God’s unconditional love is experienced.

Today we gather on the traditional territory of the Niitsitapi (Blackfoot), Nakoda (Stoney) and Tsuut’ina (Sarcee). We acknowledge their stewardship of this land and respect the history, spirituality and culture of the peoples with whom Treaty 7 was signed. The City of Calgary is also home to Métis Nation of Alberta, Region III. May we live with respect on this land, and live in peace and friendship will all our relations.

ORDER OF SERVICE



Prelude

One: God be with you! All: And also with you!

Δ please stand in body or spirit

Welcome/News

Coming Out in Faith Monologues Preview: Laura Olive

Opening Song: Hosanna, Loud Hosanna VU 123 Δ, Palm Processional

Centering Prayer: Spirit, we give thanks for those who inspire, encourage, challenge, and awaken. May the best of who we are be celebrated and held. Hear our silent meditation. . .

Silent Meditation (A time for gratitude, confession, and reflection)

Lord’s Prayer (Sung): The Lord’s Prayer VU 959

Words of Spirit

Passing of the Peace: If you are comfortable, greet those around you with a handshake or embrace saying “peace be with you” with the response of “and also with you.”

(KidSpace and Youth Group begin in lower level and gym)

Offering: Power of Two by Emily Saliers

Dedication

Bread Kneading: Make Me a Channel of Your

Peace VU 684, God of the Sparrow VU 229

Scripture Reading: John 12: 12-16

Reel Theology Trailer: Lady Bird

Reflection: John Pentland

Closing Hymn: She Flies On VU 380 Δ

Blessing

Postlude

THANK YOU! Thanks to the Music Team: Alyssa Thompson, Pam Minkevics, Kim Follis, Justin Macosky

THANKS FOR THE HOSPITALITY: Thanks to today’s greeters, those who served coffee and the Thrive group volunteers for the Community Lunch this week. Please come and enjoy.

HILLHURST CONTACT LIST

Lead Minister	Rev. Dr. John Pentland	john.pentland@hillhurstunited.com
Minister	Rev. Sheena Trotter-Dennis	sheena.trotterdennis@hillhurstunited.com
Executive Director	Lisa Falkowsky	lisa.falkowsky@hillhurstunited.com
Music Ministry	Justin Macosky	justin.macosky@hillhurstunited.com
Affirming Ministry	Keith Murray	keith.murray@hillhurstunited.com
Contemplative Ministry	Susan Cooper	susan.cooper@hillhurstunited.com
Children and Youth Ministry	Anne Yates-Laberge	anne.yates@hillhurstunited.com
Congregational Care		care@hillhurstunited.com
Ministry & Personnel	Willow Brocke	ministry.and.personnel@hillhurstunited.com
Financial Gifts	Nancy Watts	finance@hillhurstunited.com
Communications	Robin Gale	communications@hillhurstunited.com
Office and Engagement	Helena Lamb	office@hillhurstunited.com

FIND YOUR PLACE

At Hillhurst we have so many things happening, we want to help you find your way in. Below are our ministry teams and their contact info. Everyone is welcome so please reach out and step into the spaces that inspire you the most. There is a place for you. More details at [www.hillhurstunited.com](http://www.hillhurstunited.com).

AFFIRMING

LGBTQ2I+ events and support for individuals and their families.

[affirming@hillhurstunited.com](mailto:affirming@hillhurstunited.com)

DAYBREAK CONTEMPLATIVE

Wednesdays 7 - 8 am | Sanctuary

Contemplative experiences, art, and individual spiritual direction.

[susan.cooper@hillhurstunited.com](mailto:susan.cooper@hillhurstunited.com)

EVERYDAY OUTREACH

Every Tuesday, Wednesday & Thursday 1 -3 pm | Gym

Bringing food, conversation and clothing to anyone who would like to join us.

This program relies on donations from you gratefully received daily.

Contact: [levey@ucalgary.ca](mailto:levey@ucalgary.ca)

COMMUNITY LUNCH

Everyone welcome. Come meet others and share a meal on Sundays at noon.

Gluten free and vegetarian options available.

[volunteer@hillhurstunited.com](mailto:volunteer@hillhurstunited.com)

KIDSPACE

Spiritual connection and family activities and events on Sunday and throughout the month for families & children of all ages.

[kidspace@hillhurstunited.com](mailto:kidspace@hillhurstunited.com)

YOUTH GROUP

A community for grades 6 to 12 to explore spirituality on Sunday and Friday evenings.

[anne.yates@hillhurstunited.com](mailto:anne.yates@hillhurstunited.com)

MUSIC & CHOIR

Love to sing or play an instrument?

[justin.macosky@hillhurstunited.com](mailto:justin.macosky@hillhurstunited.com)

THRIVE

Wednesdays 7 pm | Stage

Thrive is an inclusive space for people in their 20s and 30s to explore their spiritual journeys.

[thrive@hillhurstunited.com](mailto:thrive@hillhurstunited.com)

KNIT OR KNOT

Mondays 1 - 3 pm | Library

Would you like to knit or crochet prayer shawls? Prayer shawls are shared throughout the week bringing great comfort to those who need a “prayerful hug”. Everyone welcome. Frances: [fcjamieson9@hotmail.com](mailto:fcjamieson9@hotmail.com)

HOSPITALITY

Help us with Sunday services, baptisms, weddings, and a lot more!

[volunteer@hillhurstunited.com](mailto:volunteer@hillhurstunited.com)

MARCH ON! SOCIAL ACTION GROUP

Expressing our social justice passions and concerns within the community!

[volunteer@hillhurstunited.com](mailto:volunteer@hillhurstunited.com)

REFUGEE TEAM

Support the refugee program as we sponsor families and build friendships.

[refugeeministryteam@hillhurstunited.com](mailto:refugeeministryteam@hillhurstunited.com)

RIGHT RELATIONS

Learn, support, and build respectful relationships with Aboriginal peoples.

[right.relations@hillhurstunited.com](mailto:right.relations@hillhurstunited.com)

SPIRITUAL NURTURE

A safe place to explore your spirituality in diverse ways.

[spiritual.nurture@hillhurstunited.com](mailto:spiritual.nurture@hillhurstunited.com)

PRAYER CHAIN

If you would like to join the HUC prayer team or have them pray for you, contact [prayer@hillhurstunited.com](mailto:prayer@hillhurstunited.com)



WASHROOMS

All gender, wheelchair accessible washrooms are located at the back of the Heritage Room.

if you do not wish to keep this bulletin, kindly recycle it at the back of the sanctuary. Thanks to Casey for running our recycling program.





**MARCH**  
🌈 **Something Completely Different**  
**Sunday, March 25 | 7 pm**  
**Heritage Room**  
All LGBTQ+ identified (Lesbian, Gay, Bisexual, Transgender, Queer) people are welcome for socializing, conversations around spirituality and space for connecting in this monthly gathering. You are welcome to come whether you attend Hillhurst or not! For more info or to get on our SCD email list for reminders of upcoming events and themes, contact Keith: [keith.murray@hillhurstunited.com](mailto:keith.murray@hillhurstunited.com)

**Knit or Knot - Prayer Shawl Ministry**  
**Monday, March 26 | 1 - 3 pm**  
**Library**  
Prayer shawl ministry gathers to knit or crochet prayer shawls. Everyone welcome. Contact Frances: [fcjamieson9@hotmail.com](mailto:fcjamieson9@hotmail.com)

**Spiritual Nurture - Definitely Not the Oscars**  
**Mondays 7 - 9 pm | Heritage Room**  
Join us for our last movie night, and learn more about the themes explored in the film: **Look and See: A Portrait of Wendell Berry**. Whether you've seen it or not, all are welcome to join in the spirited conversation. Email: [spiritual.nurture@hillhurstunited.com](mailto:spiritual.nurture@hillhurstunited.com)

⊕ **Right Relations Circle**  
**Tuesday, March 27 | 7 pm**  
**Heritage Room**  
Join us as we welcome Ryan Anderson from the Calgary Metro-Alliance for the Common Good (MACG). Ryan is going to speak with us on how Hillhurst can partner with MACG on social justice issues within Calgary.

☀ **Contemplative Ministry**  
**Wednesday, March 28 | 7 - 8 am**  
**Sanctuary**  
Teaching through song, silence and community. A growing and deepening experience welcomes you, led by Susan Cooper. Contact: [susan.cooper@hillhurstunited.com](mailto:susan.cooper@hillhurstunited.com)

**THRIVE**  
**Wednesday, March 28 | 7 pm**  
**Stage**  
Thrive is an inclusive space for people in their 20s and 30s to explore their spiritual journeys. Everyone is welcome to come for conversation, food and activities. Contact: [thrive@hillhurstunited.com](mailto:thrive@hillhurstunited.com)

**Maundy Thursday**  
**Thursday, March 29**  
On Maundy Thursday Christians recognize and remember the gathering of the disciples for the Last Supper. Handout available at in the bulletin and outside the main office.

**Good Friday**  
**Friday, March 30 | 10:45 am**  
Join us for a quiet and reflective service. Stay for hot cross buns and conversation.

♣ **Youth Group - No meeting**  
**Friday, March 30**

**APRIL**  
**Imperfect Parent's Group**  
**Tuesdays, April 3**  
**7 - 8:30 pm | Gym Stage**  
Join us in a safe place as we explore parenting doubts and challenges and Brene Brown's "Gifts of Imperfection". Open to any parents who feel the weight of their imperfection. To register or learn more contact [jennshehata@gmail.com](mailto:jennshehata@gmail.com)

🌈 **Parents of LGBTQ+ Individuals Social Group**  
**Tuesday, April 3 | 7-9 pm**  
**Kensington Pub, 207 - 10a Street NW**  
A child coming out at any age can be both joyous and difficult. We invite parents and guardians of LGBTQ+ people to join us at Kensington Pub for a parent-led conversation. We create a space where parents can share, connect, ask questions and support each other in a casual setting. All are welcome. RSVP to [keith.murray@hillhurstunited.com](mailto:keith.murray@hillhurstunited.com)



**Ellen Doty in Concert: Hillhurst Fundraiser**  
**Tuesday, April 3 | 7:30 - 9:30 pm**  
**Sanctuary | ONLY A FEW TICKETS LEFT!**  
Experience rising star, Ellen Doty for an intimate concert experience. Doty is a Canadian vocalist and songwriter with a world class voice. Her music incorporates everything from jazz to soul, folk, pop and indie music. She is a true storyteller whose songs are intimate and personal. Get tickets on the event page at [hillhurstunited.com](http://hillhurstunited.com)



🌈 **Coming Out in Faith Monologues**  
**Friday, April 6**  
**Saturday, April 7 | Sanctuary**  
**Cost: \$15 General, \$12 Student/Senior/Low Income**  
**Buy Tickets Now!** True heartfelt stories from the LGBTQ+ community, on how faith and spirituality has connected or collided with their coming out journey! All are welcome for this poignant and uplifting experience.! Tickets are on sale now at on our website: <https://www.hillhurstunited.com/>

**Men's Retreat**  
**April 6-8 | King's Fold Retreat**  
**Cost \$280 | 20 Spots Available**  
**Sign Up Today!** "REFLECT, RELEASE, RENEW!" The ever popular Men's retreat is back. At this awe inspiring place at the foot of the Rocky Mountains, we balance: together and alone time, discussion and recreation, walks in the woods and sumptuous eats. This year, we explore in a playful way what it is to be "mindful" in this day and age. We use an inclusive definition of "men" and as always, those who identify on the LGBTQ+ spectrum. If the cost is a barrier, please be in touch with John. We have some resources to defray costs. Register online at: <https://generoustickets.com/e/mens-tickets-1523109600>

♥ **KIDSPACE - Messy Church**  
**Saturday, April 7 | 5-7 pm | Gym**  
Come celebrate the Earth with us! We will be making recycled materials art and our very own grass head characters to take home and grow! For dinner please bring a dish that you enjoy having as left-overs if you can! Please sign up via Sign Up Genius. We look forward to seeing you there!

**Spiritual Nurture - Dying Well: Preparing for the Final Act**  
**Mondays, April 9 - May 14 | 7 - 9 pm**  
**Heritage Room**  
Fact: no one gets out of here alive. Let's talk about how you and your loved ones can prepare for the best possible death.  
April 9: Sarah Kerr – Ritualizing death: before, during and after  
April 16: June Churchill – Medically assisted dying  
April 23: Christie Morden – Advance care planning  
Apr 30: Funeral home tour and cemetery ritual  
May 7: John Pentland – Planning your own funeral  
May 14: Cheryl Millman – Managing grief  
Visit: [dying-well.eventbrite.com](http://dying-well.eventbrite.com)  
Email: [spiritual.nurture@hillhurstunited.com](mailto:spiritual.nurture@hillhurstunited.com)

**Enneagram Workshop**  
**Wednesday, April 11 | 6-9 pm**  
**\$25 per person**  
The Enneagram is a personality inventory that describes 9 energies and patterns of thinking, feeling and acting. Super for relationships, parenting, workplace and self understanding. Everyone is invited to join in this fun and thoughtful evening. To register: [huc-enneagram-workshop.eventbrite.com](http://huc-enneagram-workshop.eventbrite.com)

**Committed Couples Workshop**  
**Wednesday, April 11 | 6-9 pm**  
**Friday, April 13 | 6-9 pm**  
**\$140 /couple**  
This workshop will provide couples with the tools to deepen their commitment to each other, whether marriage is in the plans or not. Will cover: communication, conflict, partnership and finance. Includes the Enneagram Workshop. To register: <https://huc-committed-couples.eventbrite.com>

**Engaging Vulnerable People Workshop**  
**Sunday, April 15 | 12:30 - 2 pm**  
**Cost: Free**  
Learn about causes, resources and empathy for interactions with homeless people. Explore skills and knowledge to empower people to not only co-exist with homeless men and women in their community, but interact with them meaningfully, using compassion, empathy, and crisis intervention techniques when necessary. To register: <http://www.signupgenius.com/go/10c0e45a9aa28a4f58-engaging>

**MAY**  
**Confirmation Class**  
**May 10 - May 12 | Hillhurst**  
Confirmation classes are an opportunity for inquisitive students in grades 10 through 12 to get together for some fun, engaging conversations about social and spiritual issues important to them. Attendance at all classes is mandatory. Class times:  
May 10 | 7-9 pm  
May 11 | 7-9 pm  
May 12 | 9-3 pm  
To register or learn more contact [anne.yates@hillhurstunited.com](mailto:anne.yates@hillhurstunited.com)

**VOLUNTEER & GET INVOLVED**  
We value the contributions of our volunteers. We couldn't run our programs or services without your support. Please consider stepping in to volunteer. To receive emails about current opportunities or to step in to one of the following vacancies, email: [volunteer@hillhurstunited.com](mailto:volunteer@hillhurstunited.com)

**Sunday Community Lunch**  
Lead, fund or contribute to the preparation and cleanup of a Sunday meal.

**Communications**  
We are looking for several volunteers to help contribute to Sunday communications:  
- Create and run Worship PowerPoint presentations  
- Create short videos to tell the Hillhurst story and post to social media  
- Videotape Sunday service and post them to the web

**Human Resources**  
Do you have human resource skills and experience? Join our Ministry & Personnel Committee to help guide Hillhurst's human resources

**Would you like to volunteer to help the women and children at the Women's Shelter in our neighbourhood?**  
They rely on free bread donations from Cobs and need a driver on Wednesday evenings from 8:45 - 9:15 pm to pick up bread from Cobs on 10th Street NW (across from the Kensington Safeway) and deliver it to the Brenda Stafford Society on 14 Street NW. To volunteer, contact Steve Wigglesworth: [swigglesworth@me.com](mailto:swigglesworth@me.com)

**Refugee Team**  
Celestine (Zach) Muhire was sponsored as a refugee by Hillhurst United Church. His brother Olivier, aunt Chantelle, and cousins Robert and Jimmy have recently joined him in Calgary as government sponsored refugees. They've just moved into a house together and need some household items, including: a snow shovel, 6 bath towels, 2 sets of queen-sized sheets, 3 warm blankets, a small desk and chair, a vacuum cleaner and 2 bedside lamps. They also need some school supplies: 4 each of: backpacks, water bottles, no-spill Thermos mugs and/or gift certificates for food or clothing stores (such as Superstore, Walmart or Value Village). If you can provide some of these items (new or gently used), email [don.workman.dw@gmail.com](mailto:don.workman.dw@gmail.com)

**Board Member Election**  
Want to learn more about becoming a Board member at Hillhurst United Church? We are interested in hearing from you. This year we are especially looking for people to share their talents and experience in Accounting/Finance, Human Resources, Fund Development, Communications, and Commercial Building Management. Contact us for information or to put your name forward for consideration by May 1: [office@hillhurstunited.com](mailto:office@hillhurstunited.com)

PLEASE JOIN US!

KidSpace

EASTER EGG HUNT

Sunday, April 1st at 9:05 AM & 10:45 AM