



peace

WELCOME

Good morning and welcome to the Hillhurst community. Whether you're a long-time member of our congregation or brand new to this space, we are glad you're with us today. We commit to being an inclusive community of faith that follows the Way of Jesus under the banner: **WHOEVER YOU ARE, WHEREVER YOU'RE AT, JOIN US ON THE JOURNEY.**

Many people talk about finding "home" at Hillhurst. We sincerely hope that you feel at home here too. **Please help yourself to coffee, talk to a new friend... or an old friend! Hillhurst United is not your ordinary church experience. We offer a unique place to take the next step in a deeper exploration of faith and life challenges. Our services are casual, energetic and inspiring.** If you're interested in learning more about our community, please reach out to us through office@hillhurstunited.com or visit our website at www.hillhurstunited.com.



A handwritten signature in blue ink that reads "John Danielle Sheena".

John, Danielle, and Sheena, Clergy Team

9:05 AM SERVICE

If you're an early-riser, this is YOUR service! The coffee is always on and on the 4th Sunday of the month, all our early-birds are invited to gather for breakfast at 8:15 am in the gym. The format of this service is similar to the 10:45 service but will often have a bit less music. Come as you are! And bring your kids! Babies are welcome in the sanctuary or in our nursery (6 months to 2.5 years) and our renowned KidSpace program is available for kids of all ages, gender identities and abilities.

10:45 AM SERVICE

This is arguably our hottest service of the day. **If you like a full-service church experience and enjoy hanging out afterwards to connect with other members of the Hillhurst community, this is YOUR service!** We end around noon and our Lunch Team has a light community lunch available after the service. All are welcome! And bring your kids! Babies are welcome in the sanctuary or in our nursery (6 months to 2.5 years) and our renowned KidSpace program is available for kids of all ages. Our HACKED Youth Team also provides a unique and awesome experience for the tweens and teens. All of our programming is open to kids of all gender identities and abilities. Music is provided for both our morning services by our talented Music Team.

7:05 PM SERVICE

This is our newest service and we are excited about it! Beginning November 6, this experiential service, led by Rev. Danielle and acclaimed musician Brent Van Dusen, will thread into the Sunday morning themes and add layers of music, art, ritual and inter-spirituality. This service is youth and family friendly. Nursery care will be provided. **Open Rehearsals for singers and instrumentalists - Sunday October 23 & 30 - 3 pm.** We look forward to seeing you there! If you're interested in contributing to the music, please connect with Brent at brent.vandusen@hillhurstunited.com.

NOVEMBER

Blend-O-Matic

A fun
social &
fundraiser!

HELP!! WE NEED
AUCTION DONATIONS!
contact Becky
beckyrocky@gmail.com



Bring a
friend!

Get ready
for our
favourite
auctioneer!

Friday, Nov 18, 2016

Marda Loop Community Association

\$15 per ticket or two for \$25

Join the fun! Tickets go on sale Sunday, October 30

before & after service and through Paper Bag Tickets

this is an 18+ event

FIND YOUR PLACE

At Hillhurst we have so many things happening - we want to help you find your way in. Below you'll find a bit about our ministry teams and their contact info. Please reach out and step into the spaces that inspire you the most. There is a place for you. If you have any questions - contact HILLHURST311 (also known as Joanne!) - at 403.283.1539 or office@hillhurstunited.com.

AFFIRMING

LGBTQ events and support
pam.rocker@hillhurstunited.com

BOOK CLUBS

Sunday Morning Book Club

levey@ucalgary.ca

Book Club: "Sixty" by Ian Brown

October 13 to November 17

office@hillhurstunited.com

DAYBREAK CONTEMPLATIVE

contemplative experiences, art,
and individual spiritual direction
susan.cooper@hillhurstunited.com

EVERYDAY OUTREACH

community outreach opportunities
danielle.james@hillhurstunited.com

FOOD - GOOD EATS!

help feed your community on Sundays
Breakfast: Sue - sueokeeffe@shaw.ca
Lunch: Denise - dlseemos2015@gmail.com

KIDSPACE

kids and family events for children from
6 months to grade 6
kidspace@hillhurstunited.com

KNIT OR KNOT

knitting and crocheting group
Francis: fcjamieson9@hotmail.com

HACKED Youth Ministry

youth events - grades 7 to 12
pace.anhorn@hillhurstunited.com

HOSPITALITY

help with services, baptisms, weddings
and a lot more!
volunteer@hillhurstunited.com

LUNCH TO LIVE BY

deepen your spirituality through
conversation with John and others
office@hillhurstunited.com

MUSIC & CHOIR

love to sing or play- come join us!
nancy.chegus@hillhurstunited.com

PICKLEBALL (Spark Circle)

a fun work out with great people
Anne: anne226@gmail.com or
Bryce: hbryce.paton@gmail.com

REFUGEE TEAM

get involved with supporting refugees
refugeeministryteam@hillhurstunited.com

RIGHT RELATIONS

support and build respectful relationships
with Aboriginal peoples
right.relations@hillhurstunited.com

SOUL CAFE

interesting experiences hosted by you!
office@hillhurstunited.com

SOUL CARES (Spark Circle)

for guardians of children with special needs
Darlene: djloney@telus.net

SPIRIT YOGA

workshops, classes, retreats
spiritiyoga@hillhurstunited.com

SPIRITUAL NURTURE

a safe space to explore your spirituality
office@hillhurstunited.com

THRIVE FOR YOUNG-ER ADULTS

a fun spirit-centred group for
anyone 25 to 35-ish
thrive@hillhurstunited.com

VISIT our WEBSITE for more information about all our GROUPS and MINISTRIES!

October 23, 2016

One: God be with you!

All: And also with you!

Welcome

Opening Song Δ: Children’s Choir - Songs - “Magpie” by Ruth Lomenda and Carolyn Pogue, “I Am Amazing” by Linnea Good

Video

Centering Prayer: We come this morning aware that often peace is elusive.... it is a hope, a distant memory....a longing in our lives....too often waves of anxiety, despair and fear crash over us and we feel they might be too much to bear. Center us in your peace this morning. Center us and calm the storms that rage within us. *(Wondering what to pray? There aren’t magic words. Rest in silence, name people, places of joy and/or concern. Trust in this sacred listening.)*

Lord’s Prayer (Sung): The Lord’s Prayer: VU 959

Words of Peace. Be still.

Passing of the Peace: If you are comfortable, greet those around you with a handshake or embrace saying “peace be with you” with the response of “and also with you.”

(KidSpace and HACKED Youth begins)

Offering: Living in the Moment by Jason Mraz, sung by Alyssa Thompson ● Put Peace into Each Other’s Hands MV 173 ●

Dedication Δ

Prayers of the Community: Be Still by Paul Rumbolt ●

Song: Living in the Moment by Jason Mraz, sung by Alyssa Thompson ●

Scripture Reading: Mark 4:35-41

Reflection: “In the Boat” by Rev. Sheena Trotter-Dennis

Closing Hymn Δ: What Matters Most by Paul Rumbolt

Postlude

THANK YOU

Music: Children’s Choir, Alyssa Thompson, Pam Minkevics, Jim Thompson Goodchild, Kim Follis | Readers: Lea Meadows, Kelly Turner | Visuals: Gail Niinimaa

Please plan to stay after the 10:45 service for a yummy lunch served by our amazing lunch ministry.

- elements specific to the 9:05 service
- elements specific to the 10:45 service
- Δ please stand in body or spirit

SUNDAY MORNING KID & YOUTH PROGRAMS

Hillhurst United Church provides fun and engaging programming for our kids and youth on Sunday mornings! Whether it's your family's first time, or your 400th time being here on a Sunday, we are so excited to welcome you into our KidSpace and HACKED Youth Ministry program!

This is a safe place for kids of all ages, gender identities and abilities. We make every effort to make sure that this is a welcoming space for all. Please know that Hillhurst is housed in a 100 year-old building. Some of the KidSpace areas require navigating stairs. If you would like to discuss any concerns about your child attending KidSpace, please contact Rev. Sheena Trotter-Dennis at sheena.trotterdennis@hillhurstunited.com.

Fill Out the New Registration Form!

Available on our website under "get involved / KidSpace" Ensure that your family's information is up-to-date! contact: kidspace@hillhurstunited.com

How does KidSpace work on Sundays?

KidSpace's 5-week theme is "Gratitude" - looking at the story of the Ten Lepers (Luke 17:11-19) and Psalms of Praise and Gratitude. Children 2.5 - Grade 6 will explore this theme through 4 workshops: Games, Gratitude Book Making, Instrument Making and creating a Gratitude Forest.

9:05 Service

8:50 - 9:15 am

Pre-service playtime - meet in the basement (kids 2.5 years - grade 2)

8:50 am

Nursery - meet in the basement (6 months - 2.5 years)

Watch the Order of Service for when the kids are invited to KidSpace - there will be staff in the sanctuary to take them downstairs

10:15 am: KidSpace ends

10:45 Service

10:30 - 11 am

Pre-service playtime - meet in the basement (kids 2.5 years - grade 2)

10:30 am

Nursery - meet in the basement (6 months - 2.5 years)

Watch the Order of Service for when the kids are invited to KidSpace - there will be staff in the sanctuary to take them downstairs

12:15 pm: KidSpace ends

How does HACKED Youth Ministry work on Sundays?

HACKED Youth Ministry is a passionate, affirming youth group that radically embraces all people. There are a variety of events that we attend, including a monthly worship service called Naked Faith. Additionally, every month we take it to another level, engaging the youth in extra fun with special events, such as mall hunts or guest speakers. Pace Anhorn coordinates our HACKED Youth Program - pace.anhorn@hillhurstunited.com

10:45 Service

Although there aren't any HACKED activities available during the 9:05 service - we MORE than make up for it at 10:45! Join us in the board room upstairs when invited during service until the end of worship.

WE'RE HIRING



Engagement Coordinator

Hillhurst United Church is seeking an Engagement Coordinator to connect with newcomers and engage with people regularly attending and working at the church, as well as community and other key stakeholders. This is a dynamic role for someone

who enjoys getting to know people and connecting them in ways that support their spiritual journey. With a growing congregation, you will ensure Hillhurst can live its values and practices by developing a volunteer program, and organizing events including Sunday services, weddings, baptism, public walks, and meetings.

At least five years' experience is required in:

- establishing a professional, robust volunteer management program,
- working with religious or not for profit organizations where you encouraged people to become volunteers, make donations, and support the organization in other important ways;
- create an awareness to those new to HUC making them feel welcome and encouraging them to seek connections to HUC programs, events or pastoral care.
- increase the number of events within the Church including baptisms, weddings, funerals and community concerts and events, and be the key contact/ coordinator in bringing these events to life;
- ability to organize events, with demonstrated planning skills and an attention to detail – executed with a creative flair that helps engage participants.

Applications can be sent to lisa.falkowsky@hillhurstunited.com. Visit our website for more information.

MINISTRY ON THE MOVE

John is in Burlington Vermont today. Sharing his book Fishing Tips with the United church of Christ .He will be in Toronto Monday and back Tuesday from the Lester Randall Preaching event.

Danielle Ayana James is away at the United Theological Seminaire - McGill University and preaching at Cedar Park United Church in Montreal.



THIS LAND



Hillhurst United Church gathers on the traditional territory of the Niitsitapi (Blackfoot), Nakoda (Stoney) and Tsuut'ina (Sarcee). We acknowledge their stewardship of this land and respect the history, spirituality and culture of the peoples with whom Treaty 7 was signed. May we live with respect on this land, and live in peace and friendship with all our relations.

Sunday, October 23

Early Bird Breakfast

Sunday at 8:15 am

Sunday Morning Book Club

Sundays at 9:15 am - Kienna Coffee

1117 Kensington Road NW

Contact: levey@ucalgary.ca

Facilitated by Ann Levey and Ron Wilburn.

We kick off this fall by reading Trevor Herriot, *The Road is Now*. The pace is one chapter per week.

Community Lunch

Sunday after the 10:45 am Service.

Spiritual Nurture

Please note that Spiritual Nurture is not being held this week.

Tuesday, October 25

Weekly Pickleball

Tuesdays - 2 to 4 pm and 7 to 9 pm

Anne - anne226@gmail.com or

Bryce - hbryce.paton@gmail.com

Open to anyone wishing to learn the game along with intermediate and advanced players! Come meet new friends and have some fun. Loaner paddles are available. Sign up on our website.

RIGHT RELATIONS

Tuesday, Oct 25 | 7 to 9 pm

Hillhurst - Heritage Room

We will be joined by author Yvonne Johnson, who co-wrote a book with Alberta author Rudy Wiebe detailing her troubled past and a history of sexual abuse that started when she was two-and-a-half. The book, *Stolen Life: The Journey of a Cree Woman*, won a Governor General's Award.

Wednesday, October 26

DAYBREAK: Contemplative Events

susan.cooper@hillhurstunited.com

7 - 8 am | Hillhurst - Sanctuary

The 9 R's of Good Religion - "Reasonable" led by John Pentland with Kendall Bila and Fiona Spice. Conversation to follow from 8 to 9 am.

DAYBREAK: Expressive Arts

with Donna Friesen Sept 28 to Nov 2

Wednesdays | 10 am to 12 pm

Hillhurst - Heritage Room

Playfully explore the wisdom of your heart through a contemplative approach to low skill art making. No experience necessary, materials provided. Drop-ins welcome.

AFFIRMING: Something Completely Different

Sunday, October 23 | 7 pm | Hillhurst

pam.rocker@hillhurstunited.com

All LGBTQ (Lesbian, Gay, Bisexual, Transgender, Queer) people are welcome for socializing, conversations around spirituality and space for connecting. If you would like to get on the SCD email list for reminders of upcoming events and themes, send Pam an email!

Monday, October 24

Knit or Knot

Mondays - 1 to 3 pm at Hillhurst

Contact Frances fcjamieson9@hotmail.com for more details.

EXCITING

7:05 PM Service

OPEN REHEARSALS

Oct 23 | 3 pm | Hillhurst

Interested in contributing to the music for the new 7:05 service? Connect with Brent - brent.vandusen@hillhurstunited.com.

Open Rehearsals for singers and instrumentalists. We look forward to seeing you there!

Lunch to Live By

Wednesdays | 12 to 1 pm | Hillhurst office@hillhurstunited.com
This is a great opportunity to connect and reflect together. Come from home or work! Don't forget to bring your lunch!

DON'T MISS THIS

 **SOUL CAFE**

Return From Rwanda - An Evening of Stories about Hope

Wednesday, Oct 26 | 7 to 9 pm
Hillhurst - Heritage Room
For two weeks in May and June, ten of us travelled through Rwanda, teaching English, visiting Genocide sites, hearing stories of recovery and healing, visiting the projects INSPIRE!Africa supports, seeing the beauty of the land, feeling the beauty of the people, laughing, crying, singing
Come and hear our stories.

 **MUSIC: Children's Choir**
Grades 2 to 7

Wednesdays | 6:00 to 7:15 pm
Hillhurst - Sanctuary
justin.macosky@hillhurstunited.com

 **SPIRIT YOGA**

Qigong with Patti Wardlaw
Final Wednesday | 9:00 to 10:00 am
Hillhurst
spiritiyoga@hillhurstunited.com

 **SPIRIT YOGA**

Restorative Yoga with Jo-Ann Bance
Wednesdays | 6:00 to 7:30 pm | Hillhurst
spiritiyoga@hillhurstunited.com.

Thursday, October 27

Book Club: "Sixty" by Ian Brown

October 13 to November 17
Thursdays - 9:30 to 11:30 am
at Hillhurst - Library

"Sixty" is a funny and thoughtful book by Ian Brown. It is an easy read, in diary form, of Ian's year of turning 60. He is an author, and columnist for the Globe and Mail. We are inviting people in and around that age of 60 to join Brian Derksen as he leads the group and helps us explore the book, reflect and share the experience of this opportune stage of life. Registration: office@hillhurstunited.com

THRIVE for Young-er Adults

Thursdays at 7 pm at Hillhurst in the Treehouse (upper level of the Heritage Room) thrive@hillhurstunited.com
Our theme for October is "Rooted Faith." We look forward to welcoming you!

 **MUSIC: Sunday Morning Music Teams**

Thursdays - 6:30 to 7:30 pm
nancy.chegus@hillhurstunited.com

 **MUSIC: Adult Chorus**

Thursdays - 7:30 to 9:30 pm
Hillhurst - Sanctuary
justin.macosky@hillhurstunited.com

 **SPIRIT YOGA**

Yoga Therapy with Beth Workman
Thursdays - 5:30 to 7:00 pm
spiritiyoga@hillhurstunited.com

Friday, October 28

 **SPIRIT YOGA**

Gentle Hatha with Alë Veffler
Friday - 8:30 to 9:30 am | Hillhurst
spiritiyoga@hillhurstunited.com

 **SPIRIT YOGA**

Yoga Expansion with Natalie Woodhouse
Friday from 3:30 to 4:30 pm | Hillhurst

SPARK Circle: Soul Cares

Friday, October 21 | 7 to 9 pm
Hillhurst - Library

Darlene: djloney@telus.net

Soul CARES is group supporting parents/ caregivers of children w/special needs.

This fall we are looking at the book "Special Needs Parenting: from Coping to Thriving" by Lorna Bradley.

*** HACKED Youth Ministry: Friday Fusion**

Friday, October 28
Supper at 5 pm - Games and Conversation until 9 pm | Hillhurst

Youth are invited to come after school, around 4pm, to help cook. It's the perfect opportunity to gain some cooking skills!

Sunday, October 30

Sunday Morning Book Club

Sundays at 9:15 am - Kienna Coffee
1117 Kensington Road NW
Contact: levey@ucalgary.ca

Facilitated by Ann Levey and Ron Wilburn. We kick off this fall by reading Trevor Herriot, The Road is Now. The pace is one chapter per week.

Community Lunch

Sunday after the 10:45 am Service.

Let's Get Creative about Giving

Sunday, October 30
12:15 - 1 pm (sandwiches provided) or 7 - 8 pm | Heritage Room
Congregants are invited to attend an Estate and Legacy Planning Seminar to learn about different planned giving methods that create win-win opportunities for you and Hillhurst. We'll learn about the financial and tax benefits of will bequests, retirement fund and insurance policy gifts, and stocks or mutual fund gifts, and have an opportunity to discuss these strategies with RBC private banker and wealth manager, Judith Ravensbergen. No RSVP required, just drop by!

EXCITING

7:05 PM Service

OPEN REHEARSALS

Oct 30 | 3 pm | Hillhurst

Interested in contributing to the music for the new 7:05 service? Connect with Brent - brent.vandusen@hillhurstunited.com. Open Rehearsals for singers and instrumentalists. We look forward to seeing you there!

WELCOME

Hillhurst United Church is an Affirming Ministry within the United Church of Canada.



THIS IS OUR AFFIRMING STATEMENT:

Hillhurst United Church commits to be an inclusive community of faith that follows in the Way of Jesus under the banner: "whoever you are, wherever you're at, join us on the journey." We strive to accept each other as we are and welcome the ministry and participation of all persons regardless of age, gender identity, health, race, sexual orientation, differing abilities, religious or ethnic background or economic circumstance.

We hope that in all that we do, including our worship and community life, God's unconditional love is experienced. We do this trusting that God is with us on the journey.



What if Good Religion happened?

What does it look like, sound, taste, feel like?

Sunday - 9:05 and 10:45 am

Mondays - 7 to 9 pm: Spiritual Nurture*

Wednesdays - 7 to 9 am: Daybreak

Wednesdays - 12 to 1 pm: Lunch to Live By

The nine R's of Good Religion. Come to one, come to all and join the conversation on the Hillhurst blog at www.hillhurstunited.com

October 30: RISK

Check out the August 28 sermon on our website (Sundays/sermons) for some of John's introductory thoughts on this series.

*please note that Spiritual Nurture is cancelled this week

*Personal transformation
can and does have
global effect.
As we go so goes life,
for life is us.
The revolution
that will
save the earth
is ultimately
a personal, intimate one.*

- Marianne Williamson

 **SPIRIT YOGA**

New Sessions begin November 1
Stay tuned for class information.

MARK YOUR CALENDAR

Prayer and Private Parts, with special guest Jillian Thompson

Tuesday, Nov 1 | 7 pm | Hillhurst

This workshop will combine two usually “taboo” subjects together: Christianity and sexuality. Join us as we explore their differences, their similarities, and the impact of these two subjects on our core beliefs as sexual beings. Through conversation we will explore the power of language and discover tools to begin empowering our own stories where faith intersects with sexuality. All are welcome!

Jillian Thompson holds an MA (Counselling Psychology) and has extensive experience in both sexual education and youth ministry. She is passionate about the relationship between sexuality and spirituality.

 **DAYBREAK: Contemplative Events**

susan.cooper@hillhurstunited.com

Wednesday, Nov 2 | 7 - 8 am

Hillhurst - Sanctuary

Led by JIM STIRLING - engineer, seeker of employment, and integral way forward.

Conversation to follow from 8 to 9 am.

 **DAYBREAK: Expressive Arts**

with Donna Friesen Sept 28 to Nov 2

Wednesday, Nov 2 | 10 am to 12 pm

Hillhurst - Heritage Room

Playfully explore the wisdom of your heart through a contemplative approach to low skill art making. No experience necessary, materials provided. Drop-ins welcome.

SELLS OUT EVERY YEAR

 **KIDSPACE: Messy Church**

Saturday, November 5 | 5 to 7pm
Hillhurst Gym

This is a monthly gathering of families with children 2 years old to grade three, although everyone is always welcome. Dinner is potluck - bring a dish to share if you can! Please RSVP on sign-up genius through the church website.

OUR 3rd SERVICE BEGINS

Sunday, November 6 | 7:05 pm

 **AFFIRMING: Our Stories - for Parents of LGBTQ Individuals**

Tuesday, Nov 8 | 7 pm | Hillhurst
pam.rocker@hillhurstunited.com

Join us for evening of connection and conversation for parents of LGBTQ individuals. Parents are welcome to share, connect, ask questions, and lend support to each other in a safe and affirming setting.

 **AFFIRMING: Coming Out in Faith**

Friday, Nov 18 and Saturday, Nov 19
Hillhurst

In partnership with The Coming Out Monologues, NYC, we are proud to present Coming Out In Faith - personal coming out stories from a faith or spiritual perspective; exploring how these parts of our identities have connected and/or collided. Rehearsals are beginning for our performers and now we need some key volunteers to be a part of this exciting event. We are looking for backstage crew for the dress rehearsal (Nov 12) and the performance dates, and box office and concessions for the performance dates.

For more info or to volunteer, contact Pam - pam.rocker@hillhurstunited.com

November Blend-O-Matic 2016

Friday, Nov 18

Marda Loop Community Association

\$15 per ticket or two for \$25

It's time for our annual NOVEMBER BLENDER! Get involved with our favourite fundraiser. It's a great way to get to know your Hillhurst community.

Fun. Snacks. Entertainment. Silent/live auction. Prizes. Endless FUN!

We need volunteers to help organize the event and are already collecting silent and live auction items.

Contact: beckyrocky@gmail.com



**✿ SPIRITUAL NURTURE presents:
Now Strike Your Note - a Poetry as
Prayer Retreat with Richard Osler**

Friday, December 2 | 7 - 9 pm AND
Saturday December 3 | 9:30 to 4 pm | \$75
Registration: office@hillhurstunited.com

Come and read and write poems as prayers. You've listened long enough. Strike your note! Join a group of fellow retreatants and discover that writing poems is a spiritual practice that brings you, in the company of others, closer to God. Come discover poetry as prayer. No experience necessary--just a willingness to write. Space is limited so please register early!

🌸 SPIRIT YOGA WORKSHOP

**Yoga for Grief and Loss
facilitated by Jacquie Clarke**

Saturday, December 10, 2016 | 1 to 4 pm
Hillhurst United
spirityoga@hillhurstunited.com

This workshop will focus on gentle yoga for beginners with discussion on how yoga can help allow the grief to flow and be eased in the body. No experience with yoga is necessary. For more information and to register: www.hillhurstunited.com/spirit-yoga

▲ Special Christmas Music Service

Sunday, Dec 18 | 9:05 & 10:45 am

▲ Blue Christmas

Sunday, December 18 | 7:05 pm

▲ Christmas Eve Service Schedule

Saturday, December 24
10 am | 3 pm | 5 pm | 8 pm | 10 pm

▲ Christmas Day Service

Sunday, December 25 | 10:00 am



Hey! You there! Reading our new Sunday Magazine!

What do you think?

Email any comments or feedback to our communications lead, Adrea, at adrea.wirl@hillhurstunited.com

Why the shift? We found that in order to properly share all the amazing things going on in our Hillhurst community, we had to streamline our Sunday communications.

We hope you like it!

VOLUNTEER. YOUR GIFTS MATTER.



Hillhurst United Church is YOU!! We have seen how volunteering can help us feel a part of our thriving, exciting community and brings the Ministries alive in our Church.

Please consider volunteering – give a few hours or come regularly. Bring your skills, talents, interests and energy. Meet some new people, make some new friends.

Today - sign up sheets will be available in the pews and at lunch on the tables in the gym. Please get involved! We

need you and your time, skills and talents. Stay tuned over the next few weeks as we share more of our volunteer opportunities. Contact Lisa at lisa.falkowsky@hillhurstunited.com with any questions or to explore options to get involved!

Do you have an interest in supporting our worship ministry? We are looking for volunteers to create and run the PowerPoint presentations during services. For more information and to join an awesome team - please contact Rev. Danielle at danielle.james@hillhurstunited.com Experience or comfort with technology and presentation software is a plus but no photoshop required!

GET INVOLVED WITH EVERYDAY OUTREACH

We are looking for donations of “ready-to-serve” or “add hot water” meals such as canned stew or chili, chunky soups, cups o’ noodles, etc.

Please place items in the box marked “Everyday Outreach” on the desk in the vestibule at the main Sanctuary entrance.



GIVE THE GREEN

Are you looking for a way to financially **contribute to maintaining and growing the incredible programs and ministries** at Hillhurst? Check out our website for giving options, contribute to the offering this morning or donate RIGHT NOW by visiting give.hillhurstunited.com.



FEEDBACK OR SUGGESTIONS

Feedback is welcome via feedback@hillhurstunited.com. This confidential email account is monitored by our Office Administrator, Joanne Kellough, and your message will be forwarded to the person who can best respond.

HILLHURST LEADERSHIP TEAM

Lead Minister	Rev. Dr. John Pentland	john.pentland@hillhurstunited.com
Minister	Rev. Dr. Danielle A. James	danielle.james@hillhurstunited.com
Minister	Rev. Sheena Trotter-Dennis	sheena.trotterdennis@hillhurstunited.com
Executive Director	Lisa Falkowsky	lisa.falkowsky@hillhurstunited.com
Music Ministry	Nancy Chegus	nancy.chegus@hillhurstunited.com
Affirming Ministry	Pam Rocker	pam.rocker@hillhurstunited.com
Contemplative Ministry	Susan Cooper	susan.cooper@hillhurstunited.com
Spirit Yoga Ministry	Beth Workman	spirityoga@hillhurstunited.com
Finance	Nancy Watts	nancy.watts@hillhurstunited.com
Communications	Adrea Wirl	adrea.wirl@hillhurstunited.com

Congregational Care

Congregational Care provides spiritual, emotional, and physical support to members of our church family.
care@hillhurstunited.com

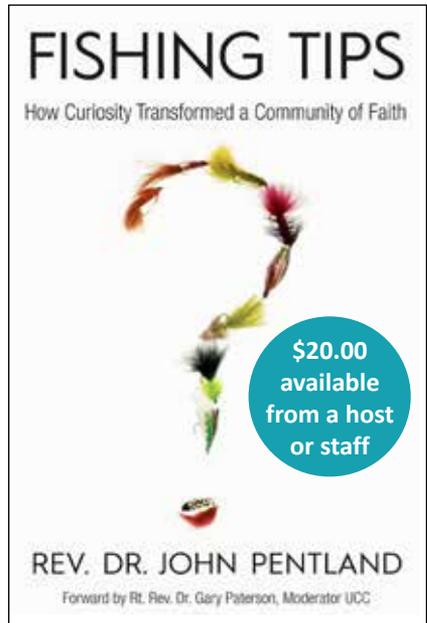
Any Questions?

Feel free to ask a greeter for assistance.



Washrooms

Located on the main floor in the west annex. All gender, wheelchair accessible washrooms are located at the back of the Heritage Room.



if you do not wish to keep your bulletin, kindly recycle it at the back of the sanctuary.



Hillhurst United Church

1227 Kensington Close NW | Calgary, AB | T2N 3J6

phone: 403-283-1539 email: office@hillhurstunited.com

The office is open Monday to Thursday from 10:00 am to 3:30 pm

Sunday Services: 9:05 am & 10:45 am

www.hillhurstunited.com | Follow us on Facebook!



